



PEACEFUL TIDINGS!

*From Fredsville Evangelical Lutheran Church
Serving in Jesus' name since March 1871*

Blessed with heritage, vision for the future and peace in the present.

Monthly Newsletter of Fredsville October 2013



A message from Vicar Ron Poe

Change can be a scary, yet a beautiful event in our lives. This past week, Pastor Lisa and I were privileged to attend the Tri-Synodical Fall Gathering in Des Moines. At this gathering of bishops, pastors, interns, and diaconal ministers from Iowa's three synods, the Presiding Bishop of the ELCA, Mark Hanson, spoke and led a service of Holy Communion. This is the second time that I have been able to hear him speak (the first was when he visited Wartburg Seminary last year, and I was invited to ask him a question.) At both times, he has always appeared gracious and humble when speaking of his time as a leader of the church. On this occasion of the Fall Gathering, it did not escape Pastor Lisa or I that his time as our presiding Bishop is drawing to a close. On October 5, Elizabeth Eaton will be installed as the newly-elected presiding Bishop of the ELCA. As exciting as I am, and many others, about this new transition in the church, it means a time of change is coming to the greater church. A change that is both scary, and beautiful.

We, here at Fredsville, are not strangers to change. We see the season beginning to change as we prepare for cooler temperatures (I was able to wear a sweater this past week, which is my favorite type of clothing.) We are now and in the very near future, welcoming new babies into our Christian community. And looking even further off, our parking lot and building will be changed into something new. All things that are both scary and beautiful.

In the midst of all this change, I think it is important to consider where God is throughout the change. From the twenty-first chapter of Revelation we read, "And one was seated on the throne said, "See, I am making all things new." One of the most challenging and exciting parts of the Christian faith is that we believe in a God who constantly is rebuilding and reforming us into something new. When we consider the Resurrection of Jesus, the cornerstone of our faith,

we have a God who became truly human, died, and was resurrected. The point is that Jesus had to bear the harshness of change and bear the cross. Therefore the cross is both scary and beautiful.

But in God's promise that we have in Jesus, we have hope in the transforming, life-giving change of the resurrection.

The peace of Christ, be with you all.



Keep them in your prayers

Pastor Lisa Dietrich – had back surgery

Larry Dufel – member had cancer surgery

Claudia Hamilton - member with Alzheimers

Alma Heath – member has had strokes

Pam Kirkpatrick – member had hip replacement

Jack Mommer – member with cancer

Harlan Nielsen – member that had surgery

Vern Petersen – member with emphysema

Emmett Watson – member with cancer

Emly Steege, Mildred Sloth, Carol Watson - members

Kirk Christensen – Maggie Christensen's son had eye surgery

Henry Johnson- Ann Reinicke's brother with leukemia

Sandy Patrie - Hilma Schimmel's daughter with cancer

Jill Vandehaar-Hansen – daughter of Vic & Janet with cancer



This newsletter with the above prayer list is posted on Fredsville's website; please let the office know if you do not want your name listed in the newsletter, but in the Sunday bulletin only.

**If you are ill or know you will be in the hospital please call
Pastor Lisa at 243-8136, Vicar Ron 989-9049
or the church office at 989-2065.**

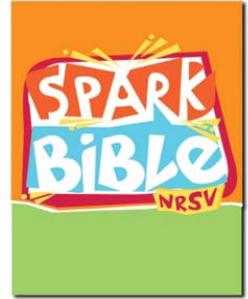
This will insure prayer and visitation.

**Because of a "Health Information Privacy" rule, hospitals cannot
contact the church when members are hospitalized.**

Bibles were presented to the 3rd grade students during worship on Sunday, September 29th.

The Bibles are an important stepping stone in the spiritual lives of these children!

Anna Frahm, daughter of Jerrod & Erin,
Timothy Kirkpatrick, son of Tim & Sarah,
Sheyden Loger, son of Lance & Melissa,
Nick Reinicke, son of Jeff & Michelle and
Gus Varney, son of Brian & Anne



**Confirmation Class Retreat
for all 9th Graders
Saturday October 5th
10:00 a.m. – 2:00 p.m.**

On October 5th Pastor Lisa and Vicar Ron will lead a retreat for all 9th graders who are about to be confirmed. The retreat will be held at Fredsville in the fellowship Hall from 10-2pm. Lunch will be provided. The parents of the youth are to attend the last half hour of the retreat so we can go over the Affirmation of Baptism Service. During our time together we will explore what it means to be an adult in the congregation, fill out time and talent sheets, and talk about stewardship and giving to the ministry of the church. Students are asked to bring their Bibles.

Thank You!

The Social Ministry Committee would like to thank those that donated fishing poles, tackle boxes and miscellaneous fishing supplies for the Boys Training School in Eldora. The chaplain and the boys were most pleased to have these additional supplies!

October Birthdays



Drew Larsen October 1	Maynard Petersen October 19
Vicar Ron Poe October 2	Rachel Wardell October 20
Tom Thuesen October 3	Florence Freese October 21
Jeff Schmidt October 4	Anna Frahm October 22
Roy Stefan October 4	Jan Sloth October 22
Seth Wibben October 5	Jim Loger October 23
Matthew Reinicke October 7	Mary Mommer October 23
Phil Heath October 9	Jordann VanWechel October 24
Susan Sherwood October 10	Andy Sloth October 25
Dennis Kruger October 11	Ben Latusek October 26
Cindy Hilsabeck October 12	Stephanie Schmidt October 26
Eriek Hulseman October 12	Wanda Nielsen October 28
Elle Lindsay October 15	Ruby Varney October 28
Jerry Eimers October 17	Cooper Dall October 30
	Alma Heath October 31



If we have missed your birthday or you need to change your phone number or address please call or e-mail the church office, or make changes on the blue sheet in the overflow and leave the information on the secretary's desk. Thank you for keeping us current!

The Gospel According to Dr. Seuss!

Interested in a fun and different way to look at the gospel? Join Pastor Lisa for four Thursday nights (or just one if that is all that fits in your schedule!) for a delightful look at scripture with some insights we can glean from Dr. Seuss stories. We will meet in the Fellowship Hall at 7:00 p.m. and finish by 8:15 p.m.

Please bring your Bibles with you, or one can be provided.

Thursday October 10 – Green Eggs and Ham

Thursday October 17 – Horton Hears a Who!

Thursday October 24 – The Zax and What was I scared of?

Martha Circle

Martha's Circle will meet Tuesday October 1st at 9:00 a.m. at the home of Pastor Lisa. Carol Andersen will lead the lesson from the October issue of "Gather for Faith and Action"

Ruth Circle

Ruth Circle will meet at the church on Tuesday, October 1, at 7:00 p.m. Joann Juhl will serve as hostess and Jane Christensen will lead the lesson.

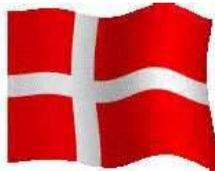
All women of the church are invited and encouraged to attend.

**Fredsville Annual Fall Luncheon and Bazaar
Friday October 11th 11:30 a.m.– 1:00 p.m.**

Luncheon Menu:

**Danish open-faced sandwiches, a variety of salads
Danish Strips, Aebleskage and Apple Cake for \$8.00**

**Home-made Crafts, Danish baked goods
and greeting cards will be for sale!**



**Sign-up now for Danish Strips Class
Sunday October 6 at 2:00 p.m. or Wednesday October 9 at 6:00 p.m.**

Healing Service to be held Sunday October 13th

At our Sunday morning worship on Sunday October 13th we will celebrate with a service of Healing. During the worship service there will be a time for all to come forward and receive the laying on of hands for healing and wholeness. Everyone of us needs healing, whether it is of body, mind, or spirit. The Healing Service is a beautiful worship service that we hope you find especially meaningful. Please plan on attending. Invite friends, especially any friend or family member who might benefit from this type of service.



NewAldaya Pancake Breakfast & Bake Sale

Saturday, October 19, 7:00-11:00

On NewAldaya's "Main Street"

\$6.00/Adults \$3.00/Ages 4-10 Free/3 yrs. & under

Tickets may be purchased at the door or from auxiliary members Carol Andersen or Jane Christensen. Co-sponsors of the breakfast are Dahl-Van Hove-Schoof Funeral Home with matching funds from Thrivent Financial for Lutherans. Proceeds help purchase items that benefit residents.

BAKE SALE DONATIONS ARE ALSO NEEDED!!! They particularly enjoy the Danish pastries! Coffee cakes & strips are also needed to be served with the breakfast. Please wrap, label, and identify item(s) for bake sale or breakfast. Donated baked goods can be dropped off at the library at NewAldaya's main entrance on **Friday, October 18 between 4:00-7:00 pm**, or contact **Carol Andersen 989-2034** or **Jane Christensen 989-2311** to help with delivery of your donation.

Ladies Lunch at



Calling all ladies of Fredsville and your girl friends! Let's have lunch together at Barn Happy on Saturday October 26th at noon. Please sign up on the sign up sheet at the church or call the church office by Wednesday the 23rd so we can make reservations! Pastor Lisa will lead a short Devotion/Bible Study during our time together.

Let's get together and have a great time!!!!

Q & A
By Sue Green
Black Hawk County's "Nest" Program
October 2013

The Social Ministry Committee has chosen Black Hawk County's "Nest" Program for our next Second Offering mission project. I became aware of this program a year ago when looking for cloth bags to use for the food drive for Intern Peter and Ashley. The Stork's Nest (as they were called last year) generously donated pink bags for us to use. This year, the Stork's Nest has a new name – "The Nest". They again generously donated cloth bags for the Social Ministry Committee to use for the food drive for Vicar Ron and Angela. The bags this year were purple and had their new name on them. Lisa Wetzel, who is the coordinator of "the Nest", answered my questions.

Q: What is "the Nest"?

A: The "Nest" is a group education program that exists to increase parenting skills with the ultimate goal of promoting the development of secure and nurturing families and healthy children. The program targets families that are in, or at risk of being in poverty. Group parent education, goal setting, and informal support are the key program components.

Last year, over 400 parents in Black Hawk County were enrolled with "the Nest" (meaning that they came in at least once). Of those enrolled, 222 parents came in at least twice, meaning that they attended a class and turned in points. Less than 1% of the parents that were active in "the Nest" program had a low-birth weight baby. As there is a high correlation between low-birth weight babies and health issues (asthma, allergies, vision, failure to thrive and ADD/ADHD), preventing these health issues is a huge savings for Medicaid.

Q: What was the reason for changing the name from the "Stork's Nest" to the "Nest"?

A: Previously, the Stork's Nest program was for pregnant mothers and fathers through the baby's first year. Once the baby reached 13 months of age, the family switched to the Family Nest. Now the two "Nest" programs have been combined into one program called "the Nest". "The Nest" program is for pregnant mothers and fathers through the time until their child reaches age five.

Q: What are some of the classes that are offered by “the Nest”?

A: During the month of July, “the Nest” held the following classes: “Parent and Tot Time”, “Your 1st Trimester of Pregnancy”, “Nurturing Families”, “Eating Healthy During Pregnancy”, “Moms Helping Moms Breastfeeding Group”, “Preparing for Back to School”, “Is Your Child Ready to be Potty Trained”, and “Introducing Skyla and other Family Planning updates”. Some of the other classes that have been held in the past include “Learn and Play Water Safety” (bathtubs, sinks, etc), “Dangers of Low Birth Weight Babies” and “Preventing Injuries at Home”.

Q: What is the incentive for the mothers and fathers to attend these classes?

A: The parents can earn “points” for attending these classes and for implementing other positive parenting actions (starting prenatal care, WIC pregnancy certification, well-child check-ups, immunizations, family planning education, and smoke-free home pledge). Parents can also earn points for attending different groups such as Young Parents Together (YWCA), Parent to Parent, Latino Moms, Story Time at the Library, Infant CPR, and Empowering Dads.

Q: What do the parents do with these points?

A: They can earn packages of diapers, \$10 gas gift cards, wipes, an infant or child carrier car seat and items found in the Stork’s Nest Closet.

Q: Who qualifies to participate in “the Nest”?

A: “The Nest” serves income-eligible expectant families and families with children up to 5 years of age who reside in Black Hawk County. To be eligible, families must have income at or less than 185% of the federal poverty level. Most of the parents that Lisa works with have an annual income between \$0 and \$10,000.

Q: Where is “the Nest” located at?

A: It is located in the new Operation Threshold building (near where the old Rath Packing plant used to be), 1535 Lafayette in Waterloo. Their phone number is 319-292-1805.

Q: Is there a “Nest” program located in Grundy County?

A: Yes, there is a “Nest” program located at the Operation Threshold Office in Grundy Center (next to the Post Office and near Subway). “The Nest” in Grundy County is in conjunction with the Early Head Start Program and Parents as Teachers program. Ann Smith is the coordinator and she can be reached at 319-824-3460.

Note: The Social Ministry Committee will be meeting soon to set up a goal for Fredsville’s Second Offering mission project to “the Nest”. They will be using diaper boxes for creating a visual display to show how far Fredsville has come to reaching the goal.

Meetings!

Sunday, Oct. 6 –Website meeting at 11:00 a.m.

Sunday, Oct. 13 – Lay Internship Committee 11:00 a.m.

Wednesday, Oct. 23 High School Mission trip meeting at 6:30 p.m.



Affirmation of Baptism Service

On October 27th, eight youth will celebrate with the Affirmation of Baptism (Confirmation) Service! The youth that are getting confirmed are: Mary Jacobson, Isabella Dietrich, Ethan Weichers, Ben Latusek, Kaitlyn Kennett, Trevor Dumler, Gunner Smith, and Katie Camarata. Please congratulate and welcome these amazing youth into the fellowship of Fredsville!

Congregational meeting and vote on Phase 3 **Sunday September 8th**

The members of Fredsville Lutheran Church approved the addition to the west of the current facility including: increased gathering space, handicapped accessible restrooms, office space, and conference room, covered handicapped accessible drop off, north side glass vestibule, and increase of size of closet doors in the fellowship hall, exterior cross added to the north stone wall (as has been explained in the preceding cottage meetings and in the drawings posted since November 2012).

The members approved the acquiring of a loan to cover the expense of the addition.

Bell Choir Invitation

The Handbell Choir is in need of additional people to help with handbell music this year. If you have ever thought you might like to try ringing bells, now would be a great time. You are not required to be able read music! Rehearsals are on Wednesdays at 6:30 p.m. While Bell choir is fun, it is also an excellent way to participate in the worship service. For more information, please contact Jeanne Thuesen at 266-3073 or sign the sheet on the countertop in the Fellowship Hall. Please consider sharing in this important ministry.



Handbell Choir practices are every
Wednesday evening at 6:30 p.m.

Practice dates are
October 2, 9, 16, 23, and 30

For your enjoyment, the handbells are scheduled to play on the
fourth Sunday of each month: October 27, and
November 24. (The Christmas dates are not available)



Senior Choir

The Senior Choir will practice Sundays at 8:20 a.m.
and at 7:30 p.m. every Wednesday evening.

World Relief Needs requested by Quilting Ladies

For layettes:

Full size bars of wrapped bath soap

Sleepers, preferably without feet

Infant and toddler socks

Diaper/safety pins

Dark colored hand towels

Gently used blankets

For quilting:

Used sheets, used drapes etc.

When you bring your donated items to church please put them on a
back table in the Fellowship Hall. **Please clearly label World
Relief/Quilting so the items are not misdirected.**

Thank you for your help in this ministry.

The quilting ladies meet every Thursday morning, 9:00-11:00 a.m.



Fredsville Council Minutes

August 25, 2013

The Meeting was called to order by President Jeff Schmidt at 7:00 pm

Members in attendance: Darla Andersen, Jacque Bakker, Wendall Bergmann, Lance Loger, Bev Lupkes, Ryan Petersen, Pat Pruisner, Audrey Stefan, Steve Veatch, Jennifer Verhulst, Pastor Lisa Dietrich, Vicar Ron Poe

Absent: Doug Dall, Treasurer Holly Kruger

A devotional reading and prayer were led by Vicar Ron

In the absence of the treasurer, there was no report.

The minutes of the July 21 meeting were previously approved via e-mail.

Old Business

1. Phase 3 follow-up. Vicar Ron presented the information that has been given at the cottage meetings.
2. The new copier has been installed.
3. The year-long assignment for an intern is usually 50 weeks rather than 52 weeks. That allows time for the current intern to move out and needed maintenance to be completed before the next intern moves in. The decision whether to use that schedule for Fredsville was tabled until a future meeting.
4. There was discussion about granting paternity leave for Vicar Ron when their baby arrives. A motion to grant 2 weeks paternity leave was made by Wendall, seconded by Darla. The motion passed.

New Business

1. The agenda was set for the special meeting on September 8. It was clarified that the vote for the proposed building addition would require a 2/3 vote to pass. The other items to be decided would require a simple majority.

Pastor's Report was submitted and accepted.

Intern's Report was submitted and accepted.

Committee Reports

Worship and Music Council Rep: Bev Lupkes and Darla Andersen

The committee has discussed how to make the process more efficient when communion is held at the rail. There has been no response to the requests for a volunteer to be in charge of the Christmas program and another volunteer to contact persons (lector, ushers, greeters, etc.) to assist in Sunday services.

Evangelism and Stewardship Council Reps: Ryan Petersen

The committee met, but no decisions were made.

Christian Education Council Reps: Jennifer Verhulst

Sixty children attended Vacation Bible School. A volunteer to lead the Christmas program have not been found. A newsletter for those involved in Christian Education is being created.

Cemetery Council Rep: Doug Dall

Jeff reported that two new benches have been installed at the site of the original church.

Endowment Council Rep: Jacque Bakker

The committee is working on a form to be used for requests for grants from the endowment fund. They also noted that when the council makes decisions for new purchases, there is a need to better communicate with the treasurer whether the monies are to come from the endowment fund, memorial fund, general fund, etc. The secretary will contact the treasurer when those decisions are made and will also send a copy of the council minutes. The committee will meet again in September to determine the disbursements for the year.

Mutual Ministry, Property, Social Ministry, and the Historical Committees did not meet.

The next Council meeting will be September 29 at 7:00 p.m.

The meeting was adjourned at 8:45 p.m. with the Lord's Prayer.

Respectfully submitted,
Bev Lupkes, Council Secretary

October Volunteers

SUNDAY	OCTOBER 6	OCTOBER 13	OCTOBER 20	OCTOBER 27
ACOLYTE(S)				
ALTAR FLOWERS				Dumler Family
COMMUNION ASSISTANT(S)	Helene Wertz and Holly Kruger	(no communion)	Pat Pruisner	Amy Camarata
GREETER(S)	Jodi Bergmann Katelynn & Bryson	Verhulst Family	Reinicke Family	Eric Andersen Family
LECTOR	Trish Weichers	Tom Verhulst	Carol Andersen	Megan Andersen
REFRESHMENTS		Maureen Crotty	Brenda Cooper	Brenda Cooper and Confirmation Parents
USHERS	Darla & Eric Andersen	LuAnn Jones		Paul Koch Family



Thank you for your time!



October Article

Preventing bullying

Do you ever worry about children you know being bullied? October is National Bullying Awareness Prevention Month, a time to draw awareness to this issue facing so many young people.

Through our shared ministry, you help LSI (Lutheran Services in Iowa) offer many programs for children and youth that teach the kind of skills that can *prevent* bullying behavior, such as anger management, healthy decision-making, positive self esteem and more. Learning these skills not only helps kids have better relationships with their peers, but they do better in school, at home and in the community. Thank you for your support of these critical programs!

For information on LSI, visit www.LSIowa.org.

Join us on Facebook at www.facebook.com/LSI.iowa.



A Tradition Worth Keeping

RESERVING YOUR FAMILY FARMING LEGACY--AND BENEFITING LOVED ONES--THROUGH CHARITABLE GIFT PLANNING

Join us for a conversation about sound financial planning for farm families and the expanded opportunities available when combined with charitable gift and estate planning. This information session will be offered on two occasions at 6:30pm-8:00pm:

- **Monday, October 7th Peter Lutheran Church, Denver, IA**
- **Tuesday, October 8th American Lutheran Church, Grundy Center**

These conversations (offered at no cost and with no obligation) come to you through the combined partnerships of the Northeastern Iowa Synod, ELCA; the Iowa Chapter of the Association of Lutheran Development Executives (including Luther, Wartburg, Wartburg Seminary and others), and Farm Financial Strategies Inc. of Ankeny. We hope you will be able join us for one or both of these informational sessions.

Greetings!

My name is Megan Brandsrud, and I am both excited and thankful to be the new Program Interpreter for Lutheran Disaster Response. As I begin my second week at the ELCA Churchwide office, I am grateful for all of the welcoming colleagues who continue to help me orient myself into this role.

Coincidentally, the flooding in Colorado occurred just before I started working in this role, so I had the opportunity to be a part of initial conversations and meetings between staff and affiliates in the impacted area. It was humbling and impressive to hear of the dedication and efforts being carried out by leaders in the areas affected by the flooding.

I look forward to sharing Lutheran Disaster Response's powerful stories with you as we put God's work into action and help those impacted overcome the effects of disaster.



After record-breaking September rains, flood waters are raging in Colorado's front range. These floods have consumed parts of Colorado; damaging or destroying over 18,000 homes and businesses. Three ELCA church buildings have also been affected. Some areas continue to experience mudslides, damaged roads and downed power lines. Your help is needed to make a difference in the affected area.

Gifts to Lutheran Disaster Response, designated for "U.S. Floods," will be used entirely (100 percent) to help support our immediate and long-term response in Colorado and other areas on the long road to recovery from floods.

Give today to support this response and others like it.

Give by Mail

Lutheran Disaster Response
39330 Treasury Center
Chicago, IL 60694-9300

Write "U.S. Flood Relief" on your check's memo line.

Give by Phone

Credit card by phone: 800-638-3522

Give online

www.elca.org/disaster

Fredsville, the pastor and other leadership consider the newsletter an important communication and evangelism tool. As members and friends of Fredsville, you receive the monthly newsletter. If you have moved away and no longer desire to have the newsletter mailed to you, please contact us at fredsville@fredsvillemethodist.org or telephone the office at **319-989-2065**. If we don't hear from you, you will continue to receive the hard copy by US Mail. Details from the newsletter can also be found at www.fredsvillemethodist.org.

FREDSVILLE LUTHERAN CHURCH October 2013 Newsletter

The Annual Fall Luncheon and Bazaar
is Friday October 11th
11:30 a.m. – 1:00 p.m.



RETURN SERVICE REQUESTED

Fredsville Evangelical Lutheran Church
32756 150th Street
Cedar Falls, Iowa 50613-8248

VISIT US ON FACEBOOK

E-mail: fredsville@fredsvillelutheran.org
Homepage: www.fredsvillelutheran.org

Worship - 9:30 a.m.

Sunday School – 10:30 a.m.

Weekday Office Hours:

8:00 a.m. – 1:00 p.m.

(319) 989-2065 fax: 989-2087

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